

## Conference 2009

### BACKGROUND

The annual conference for rural practitioners was first held at Gregynog Hall in 1990, making this the twentieth year of the conference! It was the concept of the Montgomeryshire Medical Society, a group of local General Practitioners who formed to provide their own brand of rural postgraduate education. It is still organised by the Medical Society with the support of the Institute of Rural Health. The conference continues to evolve and develop to meet the educational needs of GPs and latterly of their primary health care colleagues. GPs regularly attend from all over the United Kingdom with many returning year after year. In the past the conference has attracted rural GPs from Europe and beyond.

### PROGRAMME

The main conference this year will follow on from previous years by discussing issues relevant to rural GPs and addressing learning needs with regard to appraisal and clinical governance. The programme is designed to be as varied and challenging as possible, and during the past few years has welcomed other healthcare professionals including Practice Nurses, Practice Managers, Nurses working in the Community and Physiotherapists. This has led to the development of a Practice Managers Day on Wednesday and a Practice Nurse Day on Thursday, with both professions joining the main conference for the morning session each day, and then attending their own professional session during the afternoon. This year, the organisers are giving delegates the opportunity to bring along a Practice Manager or Practice Nurse for the day and benefit from a 20% discount. Many of the sessions this year will have a multi-disciplinary focus.

As well as addressing the learning needs of General Practitioners, the conference also provides a forum for informal discussions with like-minded colleagues, an after-dinner lecture, and a separate evening and social programme.

### VENUE

Gregynog Hall is a very large country house. It stands in wooded parkland with beautiful walks, some five miles north of Newtown in Powys. The house itself is over a hundred and fifty years old, though parts of an older house have been incorporated and there has been a hall on the site since at least the 12th century. The house has been described as one of the hidden treasures of Mid Wales, and provides an idyllic and relaxing venue for the conference.

In 1920, the Gregynog estate was bought by the Misses Gwendoline and Margaret Davies, sisters of the first Lord Davies, and they developed it as a centre for music, international conferences and fine printing (the Gregynog Press). Both sisters were notable collectors of paintings; the bulk of their collection is now in the National Museum of Wales, but many lesser known pictures and some fine prints and pieces of sculpture remain at Gregynog.

In 1960, Miss Margaret Davies made a gift of Gregynog to the University of Wales, and, on her death in 1963, the University entered into occupation and accepted its first courses in 1964.

## FRIDAY 2ND OCTOBER

### SESSION FIVE

Chair: Dr John Wynn Jones

### OPHTHALMOLOGY

- |       |  |   |
|-------|--|---|
| 9.15  | Coffee & registration  |   |
| 9.30  | Welcome & introduction   |   |
| 9.40  | What I Should Know about Eyes & Sight – Some Basics Revisited                        | Mr Bruce K McLeod<br>Consultant in Ophthalmology, Sussex Eye Hospital |
| 10.45 | What Should I Treat, When Should I Refer & Treatment Update                          | Mr Bruce K McLeod<br>Consultant in Ophthalmology, Sussex Eye Hospital |
| 11.15 | Coffee   |   |
| 11.30 | New Developments in Ophthalmic Therapeutics & Surgery – How Can I Advise my Patients | Mr Bruce K McLeod<br>Consultant in Ophthalmology, Sussex Eye Hospital |
| 12.15 | Health Impact of Climate Change  | Dr Mark Thompson<br>GP, Rhayader Medical Practice                     |
| 1.00  | Lunch  |   |

### SESSION SIX

Chair: Dr Chris Nevill

### SHOULDER INJURIES & MANAGEMENT

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|------|--|--|
| 2.00 | An update on shoulder injuries & ailments                | Mr Stuart Hay<br>Consultant in Orthopaedics,<br>Robert Jones & Agnes Hunt Hospital |
| 3.15 | Tea  |  |
| 3.30 | Managing shoulder injuries in primary and community care | Mr Stuart Hay<br>Consultant in Orthopaedics,<br>Robert Jones & Agnes Hunt Hospital |
| 4.30 | Ends   |  |

*The Montgomeryshire Medical Society is grateful to the Institute of Rural Health for their support in the organisation of this year's Rural Doctors Conference and to Phoenix Healthcare, Pfizer Pharmaceuticals, Solvay Healthcare, Menarini Srl and the many other pharmaceutical companies who continue to sponsor the event.*

# RURAL DOCTORS CONFERENCE

**An annual conference  
organised by GPs for GPs,  
their Nurses and their Managers**

## GREGYNOG 2009

*with the Montgomeryshire Medical Society  
& Institute of Rural Health*

**30th September – 2nd October 2009**



## PROGRAMME - 2009

### TUESDAY 29TH SEPTEMBER

- 7.00 pm Buffet on arrival
- 7.30 pm Patient's Compliance – Reducing Wastage  
Pharmacists/GPs Annual Meeting

### WEDNESDAY 30TH SEPTEMBER

- 9.30 am Coffee and registration
- 9.45 am Introduction and Welcome Dr Martin Green Chairman Montgomeryshire Medical Society

#### SESSION ONE

Chair: Dr Lisa Hunt

#### INCORPORATING PRACTICE MANAGERS

##### UPDATE FROM RCGP RURAL GROUP & HOLDEN'S SOAPBOX

- 10.00 Holden's Soapbox Dr Peter Holden, GP Matlock, GPC Negotiator
- 11.15 Coffee
- 11.30 The RCGP Rural Forum - Developing the rural blog & a rural perspective on Primary Care Federations The RCGP Rural Group, led by Dr Malcolm Ward, Chair of the Group
- 12.15 Update on Dispensing & Revalidation Dr Malcolm Ward Chair, RCGP Rural Group

1.00 Lunch

#### SESSION TWO

Chair: Dr Martin Green

#### with PARALLEL SESSION FOR PRACTICE MANAGERS on EMPLOYMENT LAW (see separate programme)

#### NEUROLOGY & PARKINSONS DISEASE

- 2.00 Living with Dyspraxia Prof Amanda Kirby The Discovery Centre, University of Wales, Newport
- 2.45 Parkinson's Disease – an Update Jane Price, Parkinsons Disease Specialist Nurse Powys tLHB
- 3.30 Tea
- 3.45 Multiple Sclerosis Speaker to be confirmed
- 4.30 Ends

- 5.00 Discovering the Gregynog Press – talks and demonstrations honouring Gregynog's unique heritage in music and printing David Vickers, Gregynog Press

- 7.00 Drinks reception followed by Course Dinner and "The History of Underwear," a talk by local historian Julie Abell

### THURSDAY 1ST OCTOBER

#### SESSION THREE

Chair: Dr Mike Lewis

- 9.15 Coffee & registration

- 9.30 Welcome & introduction

- 9.40 Assessing Depression & Risk of Suicide Chris Murphy Consultant Psychiatrist, North Shrops & Head of School of Psychiatry, West Midlands

- 10.30 An Update on the Mental Health Act & Deprivation of Liberty Safeguards Dawn Crowther North Shropshire Mental Health Team

- 11.15 Coffee

- 11.40 Eating Disorders in Primary Care Dr Rob Dennis, Consultant Psychiatrist, Stafford & Members of the South Staffs & Shrops Eating Distress Service

- 1.00 Lunch

#### SESSION FOUR

Chair: Dr Huw Evans

#### with PARALLEL SESSION FOR PRACTICE NURSES on TRAVEL HEALTH (see separate programme)

#### DEATH CERTIFICATION & ETHICS OF ASSISTED SUICIDE

- 2.00 Reform of the Death Certification Process Dr Cleone Rooney Improving the Process of Death Certification Programme. Dept of Health

- 3.00 Afternoon Tea

- 3.15 Dignity in Dying Dr Paddy Glackin, GP Former Member of GPC & former Deputy Chair, BMA Medical Ethics Committee

- 5.00 Session ends

- 7.30 Dinner, followed by social programme with Dr Kevin Howcroft and friends

## ENROLMENT FORM & COURSE FEES

Please send your completed booking form together with your payment (made payable to the Montgomeryshire Medical Society) to: Ann Whale, Montgomeryshire Medical Society, Gregynog Hall, Newtown, Powys SY16 3PW. Email: annw@rural-health.ac.uk

Arriving Tuesday Evening (buffet) – Friday inclusive of all meals\accom\course dinner	£440.00
Arr. Wednesday – Friday inclusive of all meals\accom\course dinner	£400.00
Three days – excluding accommodation & course dinner	£270.00
One day only, inclusive of refreshments	£90.00
Half a day including lunch	£40.00
One day & night (Weds\Thurs) DBB	£150.00

Do you wish to attend the full course Yes  No   
If not, please circle the sessions you wish to attend:

	Tuesday EVENING	Wednesday AM PM	Thursday AM PM	Friday AM PM
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Do you require accommodation Yes  No   
Do you wish to attend the Course Dinner (Wednesday) Yes  No   
Do you wish to visit the Gregynog Press Yes  No

Accommodation at Gregynog Hall comprises pleasant but basic student accommodation of which only a small number of rooms have en-suite facilities. These will be allocated as single occupancy on a first to pay basis.

Are you introducing a friend/colleague (GP, Practice Nurse or Manager)? To obtain the 20% discount please include in your booking below and send total amount for yourself and your colleague:

Name: .....

Practice: .....

Address: .....

.....

..... Postcode: .....

Telephone: ..... Email: .....

Additional booking Name: .....

Address: .....

..... Email: .....

On receipt of your application and cheque, further details will be forwarded.  
We are unable to accept any bookings unless accompanied by a cheque.