

ENROLMENT FORM & COURSE FEES

Please send your completed booking form together with your payment (made payable to the Montgomeryshire Medical Society) to:

ANN WHALE
Montgomeryshire Medical Society
Gregynog Hall, Newtown
Powys SY16 3PW.
Email: annw@irh.ac.uk

VENUE - GREGYNOG HALL

Gregynog Hall is a very large country house. It stands in wooded parkland with beautiful walks, some five miles north of Newtown in Powys. The house itself is over a hundred and fifty years old, though parts of an older house have been incorporated and there has been a hall on the site since at least the 12th century. The house has been described as one of the hidden treasures of Mid Wales, and provides an idyllic and relaxing venue for the conference.

In 1920, the Gregynog estate was bought by the Misses Gwendoline and Margaret Davies, sisters of the first Lord Davies, and they developed it as a centre for music, international conferences and fine printing (the Gregynog Press). Both sisters were notable collectors of paintings; the bulk of their collection is now in the National Museum of Wales, but many lesser known pictures and some fine prints and pieces of sculpture remain at Gregynog.

In 1960, Miss Margaret Davies made a gift of Gregynog to the University of Wales, and, on her death in 1963, the University entered into occupation and accepted its first courses in 1964. The Institute of Rural Health (IRH) is based on the third floor of Gregynog Hall. The IRH has facilitated the Rural Doctors Conference on behalf of the Medical Society for the past twelve years.



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ANNUAL PRIMARY CARE CONFERENCE

A RURAL CONFERENCE ORGANISED BY RURAL GPs FOR GPs, THEIR NURSES AND THEIR MANAGERS

GREGYNOG 2011



WITH THE MONTGOMERYSHIRE MEDICAL SOCIETY
& INSTITUTE OF RURAL HEALTH

21ST – 23RD SEPTEMBER 2011

CONFERENCE 2011

BACKGROUND The annual conference is the initiative of the Montgomeryshire Medical Society, a unique group of local Powys General Practitioners who formed to provide their own brand of rural postgraduate education following the “new contract” in the 1980s. The conference was first organised by the Medical Society in 1990, and has continued to evolve and develop to meet the educational needs of GPs and more latterly their primary health care colleagues. GPs attend the conference from all over the United Kingdom with many loyal supporters returning year after year.

PROGRAMME The format of the conference this year has changed slightly from previous years, with a theme for each day: **Managing the Aging Population, Hot Topics and Clinical Skills.** The programme is designed to be as varied and challenging as possible, discussing issues relevant to rural GPs and addressing learning needs with regard to appraisal and clinical governance.

During the past few years the conference has welcomed other healthcare professionals including Practice Nurses, Practice Managers, Nurses working in the Community and Physiotherapists. This has led to the development of a Practice Managers Day and a Practice Nurse Day, with both professions joining the main conference for the morning session each day, and then attending their own professional session during the afternoon. The organisers consider the conference to be a valuable learning experience for their junior colleagues and opened the conference up to Trainee (FP2) Doctors at a reduced rate last year. This new initiative was successful for both the conference and the FP2s who attended and it has been agreed to continue this initiative for another year.

As well as addressing the learning needs of General Practitioners, the conference also provides a forum for informal discussions with like-minded colleagues, an after-dinner lecture, and a separate evening and social programme.

PROGRAMME 2011

TUESDAY 20th SEPTEMBER

9.30 am Rural Health Innovation - Sharing and Adopting the Learning
A one day conference highlighting the innovative practice taking place as a result of funding from the Rural Health Innovation Fund in Wales. For booking and further details please contact the Institute of Rural Health, Tel: 01686 650800.

7.00 pm Buffet Supper

WEDNESDAY 21st SEPTEMBER

9.15 am Coffee and registration
9.30 am **Introduction and Welcome** - Dr Martin Green
Chairman Montgomeryshire Medical Society

SESSION ONE
PRACTICE & COMMUNITY NURSES WELCOME
Chair: Dr Adrian Weston
MANAGING THE AGING POPULATION – FALLS & FUNNY TURNS

9.40 am **An Aging Rural Population - Implications for Primary Care?** Dr Fiona Williams, Research Manager, Institute of Rural Health

10.10 am **Funny Turns** - Dr Shu Ho, Geriatric Physician
Robert Jones & Agnes Hunt & Shrewsbury & Telford Hospitals

11.10 am Coffee

11.30 am **Prevention of Falls in Older People (presentation and workshops)** - Dr Anja Pinhorn, Consultant in Elderly Medicine & Members of the Falls Prevention Team, Powys THB

1.00 pm Lunch

SESSION TWO
PRACTICE\COMMUNITY NURSES WELCOME
Chair: Dr Martin Green
MANAGING THE AGING POPULATION – SIGHT LOSS & PSYCHOGERIATRICS

2.00 pm **The Impact of Visual Impairment in the Elderly**
Dr Barbara Ryan, Clinical Lead, Welsh Low Vision Service Co-Director, Wales Optometry Postgraduate Education Centre School of Optometry & Vision Sciences, Cardiff University

2.50 pm Tea

3.05 pm **Dementia – Early Diagnosis & Advances in Treatment**
Dr Antony Bayer, Head of Geriatric Medicine / Director of Memory Team, School of Medicine, Cardiff University

4.00 pm **Stemming the Tide** - Andrew Tapp, Consultant Urologist
Shrewsbury & Telford Hospital Trust

4.45 pm Ends
7.00 pm Reception followed by Course Dinner with after dinner speaker

THURSDAY 22nd SEPTEMBER

SESSION THREE
INCORPORATING PRACTICE MANAGER DAY
Chair: Dr Alun Jones-Evans
HOT TOPICS IN PRIMARY CARE

9.15 am Coffee & registration
9.30 am **Welcome & introduction**

9.40 am **Holden's Soapbox** - Dr Peter Holden, GP Matlock
GPC Negotiator

10.50 am Coffee Break

11.10 am **Ways of Reducing Medicines Wastage in GP Practices**
Dr Berwyn Owen, Pharmacist & Programme Director - National Medicines Management Programme and Clinical Director of Pharmacy, Betsi Cadwaladr University Health Board

12.15 pm **Significant Events Audit of Lung Cancer in Primary Care**
Dr Jane Hanson, Lead Adviser for Cancer, Assembly Government Director, Cancer Services Co-ordinating Group

1.00 pm Lunch

SESSION FOUR with PARALLEL SESSION FOR PRACTICE MANAGERS
Chair: Dr Joe Vibhishanan

2.00 pm **Bariatric Surgery** - Mr Andrew Baker
Consultant Upper GI & Laparoscopic Surgeon
Clinical Director of SATCH, Wrexham Maelor Hospital

2.45 pm **Hips & Knees in No Time**
J C John, Consultant Anaesthetist
Robert Jones & Agnes Hunt Orthopaedic Hospital

3.30 pm Afternoon Tea

3.45 pm **Everything you wanted to know about sleep but were too tired to ask!** - Dr Neil Stanley, past Chair of British Sleep Society & member of the Executive Committee of the Assembly of National Sleep Societies

4.45 pm Session ends
7.30 pm Dinner, followed by social programme

FRIDAY 23rd SEPTEMBER

SESSION FIVE
PRACTICE, COMMUNITY & MIU NURSES WELCOME
Chair: Dr John Wynn Jones
CLINICAL SKILLS IN PRIMARY CARE

9.15 am Coffee & registration
9.30 am **Welcome & introduction**

9.40 am Delegates will have the choice of attending a workshop of their choice during the morning and afternoon sessions. Please tick in order of preference which workshop you would like to attend. We suggest that you provide a second choice just in case your preferred option is already full. Delegates will be allocated the workshops on a first come, first served basis and numbers will be strictly limited to 20 due to the practical content of each of the sessions, so early booking is recommended.

Minor Surgery - Dr Paul Metcalf, GP Brecon

Managing the Collapsed Patient - Dr David Green,
Shrewsbury & Telford Hospitals

ECG - Carol Webb, Shrewsbury & Telford Hospitals

Wound Care, Burns, Bites & Stings - Roberta Church,
Shrewsbury & Telford Hospitals

12.45 pm Lunch

SESSION SIX
Chair: Dr Chris Nevill - **CLINICAL SKILLS contd**

1.45 pm **Rural Dermatology** - Dr W Aslam, GP Welshpool

Minor Injury - Dr David Green,
Shrewsbury & Telford Hospitals

Joint Injections - Dr Paul Metcalf, GP Brecon

Foot & Ankle – what can be done in Primary Care
Mr Simon Hill, Robert Jones & Agnes Hunt Hospital

4.30 pm Ends

The Montgomeryshire Medical Society is grateful to the Institute of Rural Health for their support in the organisation of this year's Conference and to Phoenix Healthcare, Quantum Specials, Menarini, and Pfizer Pharmaceuticals, and the many other pharmaceutical companies who continue to sponsor the event each year.

ENROLMENT FORM

Do you wish to attend the full course **YES** **NO**

If not, please circle the sessions you wish to attend:

TUESDAY EVENING	WEDNESDAY AM PM	THURSDAY AM PM	FRIDAY AM PM
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Do you require accommodation: **YES** **NO**

Do you wish to attend the Course Dinner (Wednesday):

YES **NO**

I wish to attend the following workshops on Friday, please tick as appropriate and give a second choice, numbers will be strictly limited to 20.

Minor Surgery	Minor Injury
ECG	Dermatology
Collapsed Patient	Joint Injections
Burns, Bites & Stings	Foot & Ankle

Accommodation at Gregynog Hall comprises pleasant but basic student accommodation of which only a small number of rooms have en-suite facilities. These will be allocated as single occupancy on a first to pay basis.

Name:

Practice:

Address:

Postcode:

Car Reg. No for car parking pass:

Telephone:

Email:

On receipt of your application and cheque, further details will be forwarded. We are unable to accept any bookings unless accompanied by a cheque.