

ENROLMENT FORM & COURSE FEES

Please send your completed booking form together with your payment (made payable to the Montgomeryshire Medical Society) to:

ANN WHALE
 Montgomeryshire Medical Society
 c/o Institute of Rural Health
 St David's House, New Road
 Newtown, Powys SY16 1RB.
 Tel: 01686 629480
 Email: annw@irh.ac.uk
 Web: www.irh.ac.uk



ARRIVING TUESDAY EVENING (BUFFET) – FRIDAY

inclusive of all meals\accom\course dinner **£490.00**

ARR. WEDNESDAY – FRIDAY

inclusive of all meals\accom\course dinner **£450.00**

THREE DAYS

– excluding accommodation & course dinner **£285.00**

ONE DAY ONLY, inclusive of refreshments **£95.00**

HALF A DAY including lunch **£45.00**

ONE DAY & NIGHT (Weds\Thurs) DBB **£160.00**

TRAINEES ARRIVING WEDNESDAY – FRIDAY

inclusive of all meals & accom **£150.00**

Cost of car parking included in all of the above.

**REGISTRATION FEES
 AT LAST YEAR'S PRICES!**

VENUE - GREGYNOG HALL

Gregynog Hall is a very large country house. It stands in wooded parkland with beautiful walks, some five miles north of Newtown in Powys. The house itself is over a hundred and fifty years old, though parts of an older house have been incorporated and there has been a hall on the site since at least the 12th century. The house has been described as one of the hidden treasures of Mid Wales, and provides an idyllic and relaxing venue for the conference.

In 1920, the Gregynog estate was bought by the Misses Gwendoline and Margaret Davies, sisters of the first Lord Davies, and they developed it as a centre for music, international conferences and fine printing (the Gregynog Press). Both sisters were notable collectors of paintings; the bulk of their collection is now in the National Museum of Wales, but many lesser known pictures and some fine prints and pieces of sculpture remain at Gregynog. In 1960, Miss Margaret Davies made a gift of Gregynog to the University of Wales, and, on her death in 1963, the University entered into occupation and accepted its first courses in 1964.

The Institute of Rural Health (IRH) is based on the third floor of Gregynog Hall. The IRH has facilitated the Rural Doctors Conference on behalf of the Medical Society for the past twelve years.

**GREGYNOG HALL
 NEWTOWN, POWYS SY16 3PW.**

RURAL PRIMARY CARE CONFERENCE

AN ANNUAL CONFERENCE ORGANISED BY RURAL
 GPs FOR GPs, THEIR NURSES AND THEIR MANAGERS

GREGYNOG 2012



WITH THE MONTGOMERYSHIRE MEDICAL SOCIETY
 & INSTITUTE OF RURAL HEALTH

26TH – 28TH SEPTEMBER 2012

TRAINEES / F2S WELCOME FOR TASTER DAYS
 PREPARE FOR REVALIDATION – 18 HOURS
 MEDICAL EDUCATION

CONFERENCE 2012

BACKGROUND The annual conference is an initiative of the Montgomeryshire Medical Society, a unique group of local Powys General Practitioners who formed to provide their own brand of rural postgraduate education following the “new contract” in the 1980s. The conference was first organised by the Medical Society in 1990, and has continued to evolve and develop to meet the educational needs of GPs and their primary health care colleagues. GPs attend the conference from all over the United Kingdom with many loyal supporters returning year after year.

PROGRAMME The format of the conference this year will follow that of the successful event last year, with a theme for each day:- Hot Topics and Diagnostic & Management Difficulties, Paediatrics in Rural Primary Care and Clinical Skills. The programme is designed to be as varied and challenging as possible, discussing issues relevant to rural GPs and addressing learning needs with regard to appraisal and clinical governance. During the past few years the conference has welcomed other healthcare professionals including Practice Nurses, Practice Managers, Nurses working in the Community and Physiotherapists. This has led to the development of a Practice Managers Day and a Practice Nurse Day, with both professions joining the main conference for the morning session each day, and then attending their own professional session during the afternoon. The organisers consider the conference to be a valuable learning experience for their junior colleagues and have opened the conference up to Trainee (FP2) Doctors at a reduced rate. This initiative has been successful for both the conference and the FP2s who attended along with the Year 5 Medical Students who also attended from Cardiff University whilst on rotation in Powys last year.

As well as addressing the learning needs of General Practitioners, the conference also provides a forum for informal discussions with like-minded colleagues, an after-dinner lecture, and a separate evening and social programme.



PROGRAMME 2012

TUESDAY 25th SEPTEMBER

7.00 pm Buffet Supper

WEDNESDAY 26th SEPTEMBER

9.15 am Coffee and registration

9.30 am Introduction and Welcome - Dr Martin Green
Chairman Montgomeryshire Medical Society

SESSION ONE - INCORPORATING PRACTICE MANAGERS DAY

Chair: Dr Chris Nevill
HOLDEN'S SOAPBOX & HOT TOPICS

9.40 Holden's Soapbox - Dr Peter Holden
GP Matlock, GPC UK Negotiator with lead responsibilities for finance and rural matters and Vice Chairman of BASICS

10.40 Revalidation Update - GMC representative

11.30 Coffee

11.45 Clinical Leadership
Colonel David Morgan-Jones MBE, L/RAMC
Deputy Director Army Primary Health Care Services & Leadership Fellow, RCGP & Founding Member of the Faculty of Leadership & Management

1.00 Lunch

SESSION TWO - PRACTICE / COMMUNITY NURSES WELCOME

Chair: Dr Adrian Weston
**THE CHALLENGING PATIENT -
DIAGNOSTIC & MANAGEMENT DIFFICULTIES**

2.00 Identifying & Managing the patient
with Chronic Fatigue - Dr Charles Shepherd
Hon Medical Adviser, ME Association
Member MRC Expert Group on ME/CFS Research & Member DWP Fluctuating Conditions Group

3.00 Tea

3.15 Meeting the Challenges of Chronic Pain in rural
general practice - Owen Hughes & team
Consultant Psychologist, Powys THB

5.00 Ends

7.00 Reception followed by Course Dinner
with after dinner speaker

THURSDAY 27th SEPTEMBER

SESSION THREE - INCORPORATING PRACTICE NURSE DAY

Chair: Dr Joe Vibhishanan
PAEDIATRICS IN PRIMARY CARE

9.15 Coffee & registration

9.30 Welcome & introduction

9.40 Paediatric Emergencies & Constipation -
Nick Nelhans, Wrexham Maelor Hospital,
Betsi Cadwaladr Health Board

10.50 Coffee Break

11.10 Paediatric Nephrology & Oncology
Simon Meyrick (to be confirmed)
County Hospital, Hereford

12.15 Vomiting Babies - Prof Abdul Gatrad,
Consultant in Paediatrics, Manor Hospital, Walsall

1.00 Lunch

SESSION FOUR with PARALLEL SESSION FOR PRACTICE NURSES

Chair: Dr Lisa Hunt

2.00 Respiratory Disease in Childhood
speaker to be agreed

2.45 Childhood Psychiatry - Helen Hayes,
Consultant in Child and Adolescent Psychiatry
Powys Teaching Health Board

3.30 Afternoon Tea

3.45 Moans & Bones - Childhood Musculoskeletal Pains
Nigel Kiely, Consultant Orthopaedic Surgeon
The Robert Jones & Agnes Hunt Orthopaedic NHS
Foundation Trust

5.00 Session ends

7.30 Dinner, followed by social programme

FRIDAY 28th SEPTEMBER

SESSION FIVE - PRACTICE, COMMUNITY & MIU NURSES WELCOME

Chairs: Dr Martin Green
CLINICAL SKILLS IN PRIMARY CARE

9.15 Coffee & registration

9.30 Welcome & introduction

9.40 Delegates will have the choice of attending a workshop
of their choice during the morning and afternoon
sessions. Please tick in order of preference which
workshop you would like to attend. We suggest that you
provide a second choice just in case your preferred
option is already full. Delegates will be allocated the
workshops on a first come, first served basis and
numbers will be strictly limited to 20 due to the practical
content of each of the sessions, so early booking
is recommended.

Radiology in Primary Care - Dr David Allan Parker,
Consultant Radiologist and Clinical Director of
Radiology Wrexham Maelor Hospital.

Joint Injections - Dr Paul Metcalf, GP Brecon

Ailments of the Hand & Wrist - Mr Simon Pickard,
Consultant Orthopaedic Surgeon, The Robert Jones &
Agnes Hunt Orthopaedic Hospital NHS Foundation Trust

Latest development in Resuscitation - Dr Peter Holden,
Vice Chairman of BASICS & GP Matlock

12.45 Lunch

SESSION SIX

Chair: Dr Chris Nevill - CLINICAL SKILLS contd

1.45 Managing Minor Injuries - Dr Paul Metcalf, GP Brecon

The ECG Workbook - lines from the heart
Carol Webb, Nurse Consultant Cardiology
Shrewsbury & Telford Hospitals

New Medication Options in Diabetes for GPs
Dr Carwyn Jones, GP Carmarthen

Respirometry / Spirometry Techniques - Dr Bob Wilson,
Respiratory Resource Centre, Shrewsbury
Shirley Pickstock, Respiratory Specialist Nurse,
Powys THB

4.30 Ends

ENROLMENT FORM

Do you wish to attend the full course **YES** **NO**

If not, please circle the sessions you wish to attend:

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ARRIVE	AM PM	AM PM	AM PM

Do you require accommodation: **YES** **NO**

Do you wish to attend the Course Dinner (Wednesday):

YES **NO**

I wish to attend the following workshops on Friday, please tick as appropriate and give a second choice, numbers will be strictly limited to 20.

Radiology **Minor Injury**

ECG **Resuscitation**

Respiratory **Joint Injections**

Diabetes **Hand & Wrist**

Accommodation at Gregynog Hall comprises pleasant but basic student accommodation of which only a small number of rooms have en-suite facilities. These will be allocated as single occupancy on a first to pay basis.

Name:

Practice:

Address:

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Postcode:

Telephone:

Email:

On receipt of your application and cheque, further details will be forwarded. We are unable to accept any bookings unless accompanied by a cheque.